

# Introduction to Postural Care

[www.pamis.org.uk](http://www.pamis.org.uk)

**Max 12  
attendees**

**£95 or  
£240  
per person**

**£995 or  
£2400  
in house**

**1 & 2  
day**

Protection of body shape is really important for anyone that has problems moving about. Lots of people with healthcare needs have a difficulty moving and controlling their own body and so are at risk of changes in the way their body is shaped. Our training courses will allow you to learn how to prevent changes to body shape that cause painful problems; pain recognition; how to implement thermal comfort and fitting of night time protection. There are obvious benefits for postural care for people with PMLD however the training is applicable to a wide range of people who need care and support e.g. children with disabilities and older people. The one day course is an awareness session of the benefits of good postural care. The two day course provides a more indepth and practical session which allows delegates the opportunity to put theory into practice.



Generally this one day course will run from 10:00 to 16.00



Lunch, tea and coffee provided



All participants will gain access to the PAMIS online Learning Hub for additional resources and further discussion