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# How to make an assortment of **PERCUSSIVE INSTRUMENTS**

by Fiona Sharp



PAMIS would like to invite you to  
Community Music Sessions  
with Music Therapist Fiona Sharp.



In this booklet you will find instructions  
on how to create percussive musical  
instruments you can use during these online sessions.

To find Fiona Sharp Music Practice on facebook visit:  
<https://www.facebook.com/fsharpmusicpractice/>

### Instruments in this booklet:

- Mini Banjo
- Tambourine
- Large Shaker





## Mini Banjo

### What You Need:

- A jar lid
- Wooden Spoon
- A large, thick elastic band or 3 - 4 smaller elastic bands Things to decorate your mini banjo

### Instructions:

1 - Place the front of wooden spoon on the flat part of the jar lid.

2 - With either a large, thick elastic band or 3 - 4 smaller elastic bands, tie them around the wooden spoon and jar lid so the spoon is secure and you have separate elastic strips on the other side of the lid.

3 - The lid and wooden spoon should both feel secure and you should be able to pluck the elastic bands other the other side of the lid.

4 - Now you can decorate the spoon handle and lid using pens, paint, ribbons, stickers etc.





## Tambourine

### What You Need:

- Paper Plate
- Craft Bells
- Thin Ribbon, String or Thick Thread
- Things to decorate your Tambourine
- Pencil
- Scissors

### Instructions:

- 1 - With a pencil, mark around the circumference of the paper plate where you want the bells to be placed.
- 2 - Carefully piece a hole by the pencil markings.
- 3 - Thread the ribbon, string or thread through each craft bell and thread them through each hole in the paper plate.
- 4 - Make sure the ribbon/string/thread is tied tightly and the bells are secure.
- 5 - Decorate your tambourine using stickers, paper, pens or paint.





## Large Shaker

### What You Need:

- 2 Plastic Cups (either medium or large size depending on what size you want the Shaker to be)
- A small handful of dry food such as rice, pasta, seeds etc.)
- Sellotape, Masking Tape, Brown Tape or Duck Tape
- Things to decorate your Shaker



### Instructions:

1 - Pour a small handful of the dry food into one of the cups or pots. Place the other one on top and tape them together so they are secure.

2 - If you are using masking tape, I suggest you tape up the whole shaker as you can then draw or paint onto it.

3 - Decorate your shaker with stickers, bits of paper etc.

