



pamis
promoting a more inclusive society

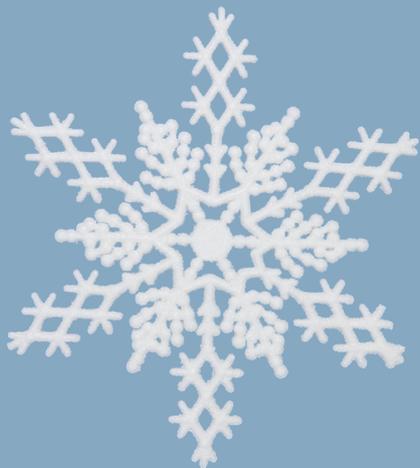


WINTER SELECTION BOX OF SENSORY FUN

Created by Caroline Hill from Making SENSE Creative Services LTD

Ingredients

- Tin foil
- Blue glitter (you can use other colours)
- Glue
- Length of string or wool to suspend your icicle
- Sticky tape



Sparkly Icicles



Method:

1. Gather up your materials.
2. Cut a rectangular piece of tin foil.
3. Lay the foil flat onto an even surface.
4. Attach your cord, string or wool to the top side using tape.
5. Roll up your rectangle piece of foil with the string hanging out of one end.
6. When it looks like a swiss roll, start scrunching and crunching the roll.
7. It needs to be a bit pointy at the base end.
8. Once happy with its shape, coat the foil with glue.
9. Shake your glitter all over the glued surface. Tap the excess off. Best to do this on a tray or on newspaper.

Winter Play Dough



Method:

1. Gather your resources.
2. Place the cornflour into a bowl- explore how it feels.
3. Shake in your glitter and any other sparkly bits.
4. Add the hair conditioner.
5. Mix using a wooden spoon or hands.
6. If the mix is too dry add a little more conditioner.
7. You can choose to add peppermint essence or even a few drops of minty mouth wash to your bowl.
8. You can also add food colour if you like.
9. Knead with your hands.
10. Place in the fridge so it gets nice and cold before using it.

Ingredients

- ½ cup of any cheap hair conditioner
- 1 cup cornflour
- Blue and silver glitter
- Any small sparkly bits
- Peppermint essence (optional)
- Food colour- e.g. blue (optional)





Christmas Stockings

Method:

1. Get all your materials ready.
2. Cut your pair of tights through the connecting mid- section leaving you with two legs!
3. Explore the different fillers you can stuff them with.
4. Scrunch and crunch them and fill the tight $\frac{3}{4}$ full.
5. Tie up the end of your filled tight.
6. Use ribbons etc to decorate.



Ingredients

- Pair of tights -any colour or a long sock
- Bubble wrap; tissue paper; foil blanket; shredded paper; bells; partly blown up balloons
- Ribbons or coloured wool or strings to decorate



Real Christmas Log

Method:

1. Place the oasis block in a bowl or sink of water until thoroughly soaked.
2. Place your wood log on your tray or table and then cut the oasis to sit onto the log.
3. Secure the oasis with string or wire wrapped around both the log and oasis.
4. Start placing your greenery into the oasis. Try and cover it all.
5. You can add a splash of extra colour using red flowers like spray carnations.
6. Sit the wooden log on a tray or large plate to stop any drips of water marking your furniture.



Ingredients

- Piece of bark covered wood
- Wet oasis block
- String or wire to attach the oasis
- Evergreen foliage; twigs; herbs
- A few flowers for an extra wow factor

Ingredients

- About 5 sticks of the same size
- String
- Orange, lemon or lime slices (dried in a low heated oven)
- Green leafy bits from the garden
- Herbs such as rosemary and bay
- Seedheads
- Glue gun could be useful



Winter Star

Method:

1. Create a star by arranging your sticks on a flat surface first. When happy with your design, secure each piece to the next piece using string tightly wrapped and knotted.

2. Attach all your decorations upon your sticks.

3. Attach a piece of string to the back of your star.

4. Hang up for all to see and enjoy