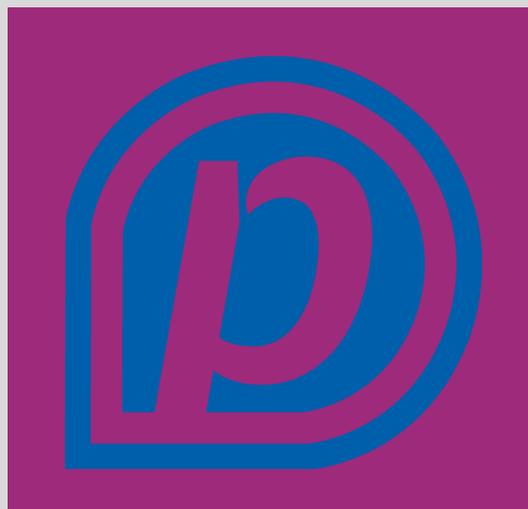




Sensory Inspired Art Activities

Created for PAMIS by Caroline from
Making SENSE Creative Services LTD



Salt dough recipe

Method:

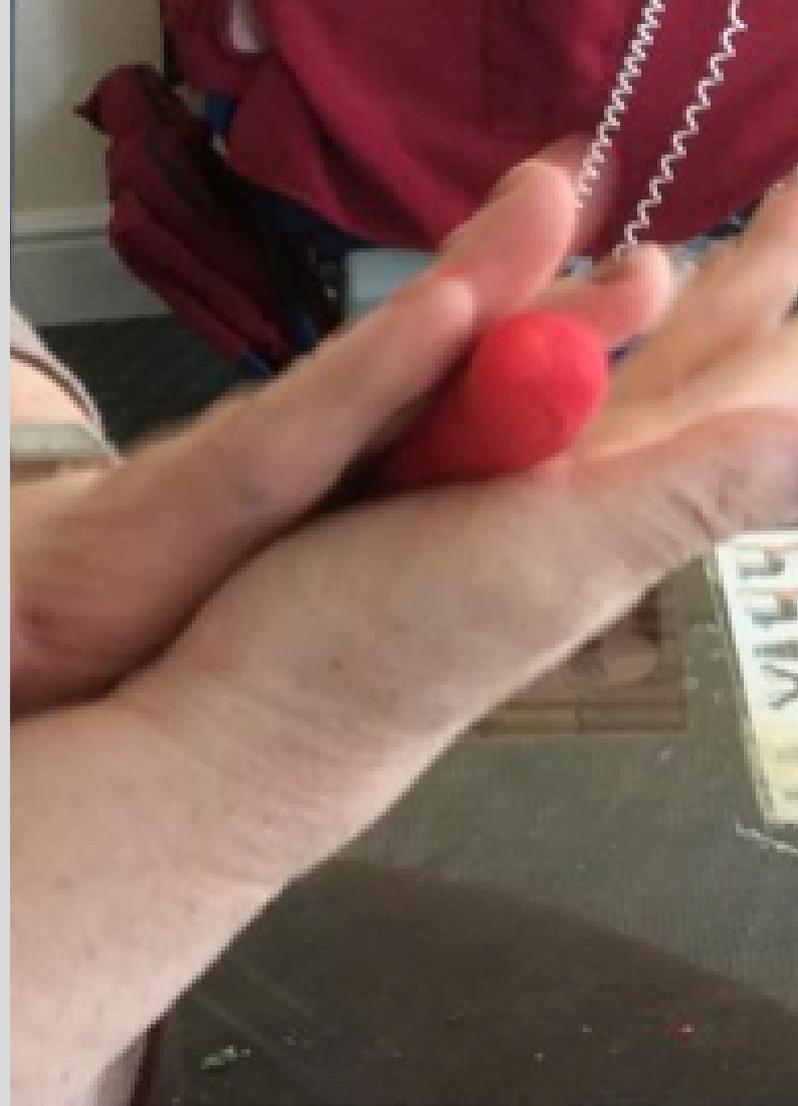
Place salt and flour into a bowl.

Gradually add in the water.

Mix using a spoon or hands until it forms a dough.

Turn out the dough and knead using your hands until it is smooth and well mixed. This removes air bubbles too.

Store in an airtight container. The dough can alternatively be air-dried.



Ingredients

- 2 cups of Flour
- 1 cup of Salt
- 3/4 cup of Water
- Bowl for mixing the dough
- Wooden spoon
- cup for measuring
- Baking Tray
- Paintbrush
- Paint

Salt dough Rainbow

Method:

Divide the mix into 7 balls (one for each colour of the rainbow).

Make the balls of dough range from large to small in size.

Roll out each ball of dough into a sausage-shape; shaping it into an arch design.

It's probably easiest to start with the smallest ball of dough first, in order to get the sizing right.

Place each arch onto a baking tray, allowing a slight space between each arch (this prevents them sticking to each other).

Place in an oven for around 30 minutes at 180oc. Allow to cool; then paint each "sausage" arch with different rainbow colours-

Red; orange; yellow; green; blue; indigo; violet

pamis
promoting a more inclusive society



Vegetable Print Monsters

Method:

Choose your vegetables and fruit.

Cut them into slices; halves; quarters; strips.

Put paints onto a tray or plate.

Dip or paint one side of your chosen vegetables and fruit with paint and press them onto the paper.

Add wiggly eyes onto the "head".

This is where you can really get creative! How many heads, arms and legs has your "monster" got?



Ingredients

- Selection of Fruits and Vegetables
- Paint
- Paintbrushes
- Water
- Sharp Knife
- Chopping Board
- Baking Tray
- Wiggly Eyes
- Glue
- Paper or Card





Ingredients

- Large piece of Card cut into an Egg shape (the back of a cereal packet would be perfect)
- Tinfoil - to cover the egg
- Chocolate Spread
- Icing Sugar & Water
- Sharp Knife
- Sweets to decorate

Easter eggs

Method:

Cover your egg-shaped card with tin foil.

Then cover the foil side with chocolate spread. Alternatively, you could use melted chocolate (any).

Mix a small amount (2 tablespoons) of icing sugar with enough drops of water to create a runny, glue-like consistency. This is your glue!

Choose the sweets you want to use and put a spot of “glue” on them to stick to the chocolatey surface.



Salad Spinner Art

Method:

Cut out your card or paper to fit the inside of the salad spinner (use the internal basket base as your measure)

Place the card/paper into the salad spinner. Drop your chosen colours of paint onto the card, using a dropper or brush.

Replace the lid of the spinner and turn the handle slow and fast to make the paint splash and mix.

With care, take off the lid and see what you have created! It may need more spinning or more paint colours – experiment in mixing colours together.

Remove your patterned disc and display.

Ingredients

- A Salad Spinner
- Thick Paper or Card
- Runny Paint
- Droppers or a Brush
- Water
- Apron





Selfie Frame

Method:

Create a frame using your card. Cut out a rectangle shape in the centre, in order to peep through.

Decorate your frame with your chosen items and colours.

Attach a couple of sticks; chopsticks; or lollypop sticks either end-attaching with tape or glue.

Smile and take a photograph

Ingredients

- Piece of Card (you could use the back of cereal boxes)
- Collect some natural items from outdoors - feathers, green foliage, herbs, flowers, shells; alternatively you could cut out images from magazines - eyes, noses, mouths, celebrities.
- Glue
- Sticks for the supports
- Paint if you want to add some colour